

NANKANA SAHIB PUBLIC SCHOOL

Welcome to the



October, November, December - 2024

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from the pen of

Editor-In-Charge

After bidding adieu to the old year we have already shaken hands with the sparkling new year -2025. With the dawn of new year we all are filled with hope, confidence and determination to touch new heights.

The students must be busy in polishing their knowledge for academic excellence. After year long wait the parents are eagerly waiting for the progress of their wards.

It is high time when we should look back to analyse as what we achieved and what we still yearn for.

Here do come the team of school Newsletter with its new issue reflecting the creativity and achievements of students. Hope you will like it.

I wish you all a very fantastic, bright and prosperous New Year -2025

Anupam Bhagria



Oct. 8, 2024 Budding wrestler of NSPS got silve<u>r medal</u>

Once again the budding wrestler of Nankana Sahib Public School Gill Park got his victory registered in the district level tournament held under Khedan Watan Punjab Diyan. Jagwinder Singh a class VII student of the school won a silver medal in wrestling in the category of Under-14. The event took place at Sacred Soul School.



Students donated generously in City Needs Dan Utsav



Showing their generosity towards needy and downtrodden people of society the students of our school donated new as well as used things in CityNeeds Daan Utsav 3.

This drive was to promote the principles of 3 R(reduce, refuse and recycle) promoted by the Ministry of Youth Affairs and sports, government of India. The students donated several items in bulk including clothes, books, toys, utensils, household and kitchen appliances etc. The execution partner of Municipal Corporation is CityaNeeds - an NGO working under Director and Founder Maneet Dewan.

The school Principal Mrs Harmeet Kaur Waraich applauded this noble gesture of students and exhorted them to continue it with same zeal.

NSPS players excelled in Badminton and Football



The budding players of the school performed remarkably well in block level games organized by Punjab School Education Board. The games were organized at Government School Jandayali.

The Under-11 Badminton team of Boys as well as girls performed exceptionally well and succeeded in scoring first position. The girl's team included *Hargun Kaur Gill, Srishti, Pawanjot Kaur* and *Gurseerat Kaur.* However the team of Under-11 boys included *Rudraksh, Inderjit Singh* and *Sukhveet Singh*.

The football of U-11 boys scored third position.

NSPS Team second in Quiz

Reflecting their brilliance the team of Nankana Sahib Public School Gill Park Ludhiana succeeded in clinching second position in the quiz competition organized during Techno Fest 2024 at BCM School, Sector 32, Chandigarh Road. Our team of two students Anurag Pandey of XII Non-Medical and Gurmanjit Singh of XI Non-Medical got second position in the quiz.

Nearly 20 teams participated in the screening test. Out of these teams, 4 teams were selected for the stage round. Quiz was based on Space Exploration, General Science, Current Affairs (National and International), and Technological Advancements.

As many as 20 teams participated in the screening test. Out of these teams, 4 teams were selected for the stage round. The NSPS team first cleared the screening round. They received second position in the stage round.



Lecture on breast cancer organized



To make teachers and students aware about breast cancer, a lecture was organized in the school campus. Dr Jaspinder Kaur Consultant Radiation Oncologist at Cancer Centres of America-SPS Hospital Ludhiana spoke at length about the topic.

Showing anatomical diagrams she explained different modifiable and non-modifiable risk factors of breast cancer. She told in details as how to get it diagnosed at different ages of life. Myths related to cancer were also explained. She also answered queries of teachers' queries very patiently. The school Principal Mrs Harmeet Kaur Waraich emphasized teachers to keep themselves healthy and stress free for a better life.

NSPS Shines at U-17 Athletics District Tournament.



The school players showcased remarkable performances at the district Level athletics of U-17 category. The events were held at Guru Nanak Stadium. Brajesh Kumar of Grade 9 secured a gold medal in the 4x100 Relay, while Ram Dayal of +1 Arts won a Silver medal in High Jump and qualified for the state level. Karandeep Singh Sidhu of Plus Two Arts triumphed with Gold medals in the 4x100 Relay, 4x400 Relay, and the 800m race, along with Silver in the 400m race. He also qualified for the state level.

Oct. 22, 2024 Student shine at Storybook Spectacle.



The budding writers of Nankana Sahib Public School participated in "The Storybook Spectacle: Bringing Stories to Life" competition held at Jesus Sacred Heart School. In this competition the students portrayed characters from popular Hindi storybooks. The talented students of NSPS including Aviroop Kaur and Harnaaz Kaur from Class II brought the characters of God Narad and Vishnu to life, highlighting the condition of Prithvi Lok. Their outstanding performance earned them the first position in the competition.

Oct. 23, 2024 Nankanians scored third position in LSSC Poem Recitation



The budding reciters of the school succeeded in clinching third position in two different poem recitation competitions organized by Ludhiana Sahodaya Schools Complex. Harjot Kaur, a student of class II stood third in Hindi declamation. However Shubhnimrat Kaur, a student of class IV, won third position in English declamation.

Oct. 24, 2024

Oct. 23, 2024

NSPS athletes excel



The school athletes performed remarkably well in the GS Memorial '24 Interschool Kids Festival, organized at Jesus Sacred Heart School.

Tripatveer Singh of V class stood first in 200 meter race, Rudarveer Singh of class III scored second position in 100 meter race. However Ekampreet Singh of class IV succeeded in fetching third place in long jump.

In swimming Japnoor Kaur fetched second position.

NSPS team second in Shabad Gayan



The Shabad Gayan team of the school got second position in Baba Gurmukh Singh Memorial Interschool Shabad Gayan Competition held at Guru Nanak Public School. As many as 15 teams of different schools participated in it and showcased their singing skills.

However in S. Nirmal Singh Memorial Interschool Shabad Gayan Competition organized at Spring Dale Public School the team of NSPS received consolation prize out of 13 teams.

Oct. 24, 2024 Student shines at Vagmita Hindi Story Writing Competition

Ajay Dhiman of Grade 8 secured third place in the Vagmita Hindi Story Writing Competition, held at Delhi Public School, Ludhiana. The event saw participation from 14 schools, with contestants writing stories on an on-the-spot topic. Ajay's creativity and storytelling earned him recognition.



Budding orator second in LSSC Declamation Contest

Oct. 25, 2024



A budding orator the school performed remarkably well in an Interschool declamation contest and stood second. Gurveer Singh Sandhu, a student of Plus One Non -Medical got second prize in Hindi declamation competition organized by Ludhiana Sahodaya Schools Complex. The competition was held at Spring Dale Public School. As many as 31 teams from different schools participated in it.

Oct. 25, 2024

NSPS held investiture ceremony of Primary Wing



Nankana Sahib Public School Gill Park organized the investiture ceremony of the Primary Wing of the school today. The elected members of Student Council were given the responsibility by awarding sashes and badges.

The newly elected members included Amoldeep Singh of class V-D as Head Boy and Gurnoor Kaur of V-C as Head Girl of Primary wing. Sehajpreet Singh V-C, Sukhmandeep Kaur of class V-E elected as captain and Vice captain respectively of Sahibzada Ajit Singh House. However Mansirat Kaur of IV-C and Kulraj Singh also of IV-C were elected as prefects of the same house.

However Gurteg Singh Gill of V-D and Illiana of V-G elected as captain and vice captain of Sahibzada Jujhar Singh House. However Kiratleen kaur and Priyansh Mittal were elected as Prefects of this house. Japjot singh of class V-B elected as a captain and Japneet Kaur of class V-E elected as Vice captain of Sahibzada Zorawar singh House. The elected prefects of this house included Mankirat singh of IV-E and Ishmandeep kaur of IV-C

For Sahibzada Fateh Singh House , Harjot Singh of class V-A and Prabhleen Kaur of class V-A elected as captain and Vice captain respectively . However Avneet kaur of class IV-F and Divnoor kaur of Iv-D elected as prefects. The school Principal Mrs Harmeet Kaur Waraich congratulated all the elected members. She said, "It is an opportunity to showcase their confidence and discipline for managing different events. They will be able to polish their leadership qualities. "The School Primary Incharge Mrs Jasmeen Kaur was also present on this occasion.

Diwali Exhibition held at NSPS Oct. 25, 2024



The school organized a Diwali exhibition with a motive of charity. The school provided the platform to deaf and dumb children for selling their handmade earthern lamps and pearl jewellery. These were prepared by students of Ambuja Manovikas Kendra being run by Ambuja Foundation, at Village Salora, Morinda Road, district Ropar. This Kendra currently has around 110 special Students.

Beautiful diyas were prepared with colourful silken and.jute threads by these creative students. Showing their generosity, students and teachers from all classes purchased enough diyas and jewellery to support these intellectually disabled children.

NSPS Shines at Apex Fair 2024 Oct. 28, 2024

Nankana Sahib Public School students excelled at the Apex Fair - 2024 held at Guru Nanak Dev Engineering College.

Bikramjeet Singh of grade X secured first prize in the Assumption's Edge event with his thought-provoking presentation, "If Sound Traveled Faster than Light," competing against 18 teams.

However Arnav Verma of Plus One Science clinched third place in an event named Prompt Engineering. He created a game through Artificial Intelligence on Chat GPT.

Not only in academics but in Bhangra competition also the school won first position while showcasing foot tapping cultural talent. The NSPS team competed against 17 teams.The bhangra team included Armaandeep Singh, Jaspreet Singh, Amritpal Singh, Baldeep Singh, Gurashish Singh, Jaspinder Singh, Tanveer Singh and Prabhjot Singh.



Oct. 28, 2024 Mrs Harmeet Kaur Waraich appointed as City Coordinator of CBSE Schools Ludhiana District



It is a matter of immense pride that Mrs Harmeet Kaur Waraich, Principal Nankana Sahib Public School Gill Park Ludhiana has been elected as City Coordinator of CBSE schools for Ludhiana District. Mrs Waraich has given three decades to academics. She has 20 years of experience of administration in her kitty.

Having attended more than three dozen prestigious National conferences of CBSE and other prestigious organizations she has also been conferred with the position of National Trainer of teachers of CBSE schools. Mrs Waraich is also the winner of more than two dozen prestigious awards by different associations and organizations.

Congratulating her on this splendid success Sardar Harjinder Singh Dhami (Advocate) President of Shiromani Gurudwara Parbandhak Committee and Nankana Sahib Education Trust said, "Her extensive leadership experience and a deep understanding of academics earned her this position. I wish her good luck for this assignment and a bright future in her future endeavors."

Sardar Inderpal Singh Chadha Director of Nankana Sahib Education Trust applauded her achievement saying, "Her commitment to lead by fostering collaboration in the community is really appreciable. I congratulate her on this excellent achievement."

Impressed by Mrs Waraich's recent achievement Sardar Shahbaz Singh Secretary of Nankana Sahib Education Trust said, "I am happy that school is being run by a true academician and administrator who has so much potential. Her work has been acknowledged by CBSE. Indeed it is a big honour for all of us." Taking over her new responsibility Mrs Waraich said, "I look forward to working closely with city officials, community leaders, and stakeholders. I am thankful to CBSE for acknowledging my dedication to the profession and having faith in me."

Oct. 30, 2024

NSPS scored first position in Football

Showcasing their sportsmanship the budding footballers of the school excelled in the Under-19 Football tournament of boys organized recently. The budding players scored first position in the tournament organized by Ludhiana Sahodaya Schools Complex at Anand Isher Public School Ahmedgarh.



Rangoli competition held Oct. 31, 2024



The school corridors witnessed marvelous creativity of students today when students of all the four houses participated in the rangoli competition . All the students who were categorized under four different houses including Sahibzada Ajit singh House, Sahibzada Fateh Singh House, Sahibzada Jujhar Singh House and Sahibzada Jorawar Singh House made beautiful patterns.

The students made eco- friendly designs using wheat flour, saw dust, flowers, and pulses of different colours, grains and rice. Trying their hands on different types of patterns based on different themes like Atrocities against women, business icon Ratan Tata, girl making drawing, Lord Ram, Lakshman and Sita Mata, Radha, dolphin, save girl child, Lord Krishna, floral designs and Peacock. Students came up with their best creations. However decoration with mirrors, candles and earthen lamps added more to the beauty of these patterns.

The whole school wore a festive look. The school corridors were buzzing with mass participation of students in the rangoli competition. The judges had a tough time during the judgment.

Appreciating the efforts of the students, the School Principal Mrs Harmeet Kaur Waraich appreciated them for creativity and exhorted them to celebrate green and green Diwali.



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Students excel in Inter-School Competitions



The music team of the school brought laurels to the school with notable achievements in two inter-school competitions.

In Professor Gurbir Singh Sarna Memorial 10th Inter- School Competition held at Guru Nanak International Public school , the school team secured third place and a cash prize of Rs. 3100. As many as 25 teams participated in it.

In another competition Sardar Gurmel Singh Memorial 8th Inter School Shabad Gyan Competition held at Mukand Singh Senior Secondary School, the music team of the school again clinched third place among 11 teams.

Nov. 07, 2024

Students excelled in Inter-school and Inter-college event



The school student achieved remarkable success at the inter-school and inter-college Innovations "Biotechnology: event and Contribution towards Sustainability." organized by the Department of Biotechnology, Khalsa College for Women, Civil Lines Ludhiana.

Gurveer Singh Sandhu from grade XI Non Medical won the second position in science declamation, eloquently presenting on "Environment Management: Contribution of Mankind."

However Mehakdeep Kaur of Grade XI -Arts received a consolation prize for her insightful views on "Quality Enhancement of Life through Biotechnology."

Damneet Kaur from XI Medical secured first place in the poster presentation on the topic, "Artificial Intelligence in Healthcare."

Nov. 07, 2024

Regional level CBSE science exhibition organised

Two days Regional Science exhibition 2024-25 was organized at Nankana Sahib Public School Gill Park. This mega event was inaugurated by Sardar Inderpal Singh Director Nankana Sahib Education Trust. The inaugural ceremony commenced with the lighting up of a ceremonial lamp by the chief guest. To invoke the blessings of Almighty the school choir recited Shabad." Welcoming the chief guest and other dignitaries, the City Coordinator of CBSE and Principal of Nankana Sahib Public School Gill Park Mrs Harmeet Kaur Waraich said,"I appreciate the enthusiasm of all schools participating in it. For me everyone who reached at this level is a winner. Making sensible use of technology without losing our own original creativity makes you class apart. I can see this in the models prepared by all students. "She extended her heartiest thanks to all the judges for sparing time for this academic time.

Addressing the august gathering of students and teachers the chief guest Sardar Inderpal Singh said, "I congratulate all participants for participation and also Mrs Harmeet Kaur Waraich for hosting this mega event. All students are talented and it is the duty of teachers to explore their talent."

Giving an example of Albert Einstein he said, "How he was removed from school and how his mother had faith in his child and finally helped him in becoming world level scientist. Dr Sehajpal Singh Principal Guru Nanak Dev Engineering College was the guest of honor. Dr Sehajpal Singh said, "The event is related to science. Our daily life cannot be separated from science. "Endorsing the views of Mrs Harmeet Kaur Waraich he said that peer learning occurs at such platforms. I hope all of you will learn a lot from each other."

Former Principal of Guru Nanak Dev Polytechnic College Dr Ravinderpal Singh was also guest of honour on this occasion. As many as 83 schools participated in it. This regional science exhibition saw an impressive array of 124 exhibits consisting of innovative working models and investigatory projects. The contestants were divided into two categories. In category -1(VI to VIII class) there were 48 models. However in category-2 (VIII to XI class) witnessed 76 teams.

The panel of six eminent judges had a humongous task of keenly observing each and every exhibit and to give patient hearing to the contestants before passing their judgment. The panel of judges included Dr O. P Gupta (Director IT PAU) expert in Computer Science, Dr Nidhi Aggrawal (Associate professor School of Management Studies and commerce) expert in Human Resource management, Dr Vikas Kumar (Scientist PAU) expert in Food Technology, Dr Gurdit Singh (Assistant Professor PAU) expert in Cryptography and Network security, Dr Gurwinder Kaur(Associate Professor RIMT University) expert in Agriculture (Plant Pathology), Engineer Brahmjeet Singh(Associate Professor, RIMT University) expert in Structural Engineering.

The budding scientists decked up their stations with innovative displays and exhibits. Vying with each other the competitors gave a tough competition to each other and fascinated visitors. The main theme of the Regional Science exhibition is Science and Technology for a Sustainable Future. There were seven sub-themes for both the categories. The sub theme of Food, Health and Hygiene witnessed 18 models, Transport and communication had 18models, Natural farming had 12. The sub-theme of Disaster management had 15, Mathematical Modeling and Computational Thinking had 16. As many as 22 models were registered under the sub- theme of Waste Management and for Resource Management 23 models.

On concluding day

Box: Take from Ignited minds:

Having travelled from far flung areas of Punjab students were bubbling with enthusiasm of learning and making others learn something from them.

Japsidak Singh and Ekam Dadra both class IX students from Innocent Heart School Loharan district Jalandhar were there with their model on River Revival

They said, "We prepared it in one month and it took about 1800 rupees to prepare it. The aim of our project is to reduce manpower and to save time consumed in cleaning the rivers."

However Geetansh Sharma, a class X student from Army Public School Jalandhar said," I prepared a model on the Road Temperature Regulation system for about one and half months. It's my own idea and I'm looking forward to winning a position."

The enthusiastic duo Cylvia and Pratibha, both class IX students from Bright Land School, Amritsar who had prepared a model on Maglev Trains said," We reached here in three hours from Amritsar. Had there been the Maglev trains we could have reached it in less than 30 minutes."



Explaining the model on Automated Aeroponic Farming, Ruhaan and Akshit, both students of class X Sacred Heart Convent Sarabha Nagar Ludhiana said, "From ideation to practicality it is an outcome of two weeks. This modem is about soil-less farming. Farming is done through water only and upto 90 percent water gets saved."

Sharing their knowledge about Organic Farming Mechanical shader and moisture controller, Garv a class X student and Pratham of XI Non-Medical from BVM Senior Secondary School Udham Singh Nagar said, "It is sustainable and reduces Labour input. It also automates shading and watering of plants."

Two girl students Harshita Sharma and Ramandeep Kaur both of XI from Anand Sagar Academy Bathinda came all the way from Malwa region with their model on Waste Management said, "Feeling a bit nervous but expect to learn something new."

On the concluding day

Sardar Mahesh Inder Singh Grewal former Cabinet Minister (Shiromani Akali Dal) who had been Advisor to former Chief Minister Sardar Prakash Singh Badal and is presently member of School Managing Committee and of Nankana Sahib Public Trust was the chief guest of the concluding day.

Sardar Harcharan Singh Gohalwaria former Mayor, Ludhiana and Additional Secretary of School Managing Committee of Nankana Sahib Public School was the guest of honour.

Sardar Inderpal Singh Director Nankana Sahib Education Trust exoressed vote of thanks to all for making this event success.

On second day the participants answered brilliantly to volley of questions asked by the panel of judges . The budding scientists demonstrated their learning which was indeed an amalgam of knowledge connecting wity new ideas to existing concepts. While answering to panel of judges they refected their understanding from their perspectives very well.

The best 14 exhibits were selected , seven from each of two categories . These have been sent for CBSE National Science exhibition.

The result of CBSE Regional Science Exhibition 2024-2025 are as follows:

Category-1

Farm Fusion Cultiva of Jesus Sacred Heart School Ludhiana, Sashakt Bharat of DAV Public School BRS Nagar Ludhiana, Smart Agriculture of USPC Jain Public School Ludhiana, Sensor based Earth's Tremor Detector of BVM Senior Secondary School Udham Singh Nagar Ludhiana, Bovine Sanitarium by DAV Public School Pakhowal Ludhiana, Eco Grow of Path Seekers School Beas, Portable Eco friendly energy generator of St Joseph Convent School Bathinda.

Category-2:

Health Gurad of Innocent Hearts School Jalandhar, Smart Driving system of Army Public school Jalandhar, Automatic Aeroponics system of Sacred Heart Convent School Ludhiana, Eco Warriors of Greenland Public School Jalandhar Byepass Ludhiana, Brain Wave of BCM senior Secondary school Shastri Nagar Ludhiana, Eco-Sort of Drishti Dr R C Jain Innovative Public School Naragwal Ludhiana and Oxide Odyssey of Jesus Sacred Heart School Ludhiana.

NSPS Kabaddi team third in LSSC Tournament

NSPS shine in LSSC Painting Competition Nov. 12, 2024



Proving their mettle once again the Kabaddi players the school performed well in the Kabaddi tournament organized by Ludhiana Sahodaya Schools Complex. The Under-19 team of Boys scored third position in the Interschool Kabaddi tourney held at Nankana Sahib Public School Kila Raipur.

The creative hands of a budding artist of Nankana Sahib Public School succeeded in winning her third prize in the painting competition organized by Ludhiana Sahodaya Schools Complex.

Damneet Kaur, a student of XI Medical participated in the Inter-School Painting competition held at HVM Convent School. Her painting was on "Indian History and Heritage".

NSPS bagged overall trophy running trophy in Reema-Simmi Memorial declamation Nov. 18, 2024

Showcasing their art of eloquence the students of Nankana Sahib Public School Gill Park performed remarkably well and bagged the overall running trophy in Reema-Simmi Memorial Declamation Contest held at Kundan Vidya Mandir. The event featured 64 participants of 32 schools from Ludhiana who competed in Hindi and English.

Jashanpreet Kaur, a student of XII Commerce shared her views on : Breaking the stigma: Why mental health matters." However Jasmeet Dhiman, a class X student of the school opted the topic "Parampara aur adhunikta ka mel". Both the orators won first prize in their respective language.



Nankanians grab first position in Volleyball Shooting Nov. 13, 2024



Reflecting their sports skills the budding players of volleyball shooting of the school succeeded in clinching first poison in the state level tournament held under Khedan Watan Punjab Diyan. The splendid success came through two different teams, Under-14 and Under-17 girls. Both the teams scored first position in their respective categories in the tournament held at Amargarh (Malerkotla).

Nov. 18, 2024 Players excel in Kho-Kho

The budding players brought laurels to school by scoring third position in Sahodaya Kho-Kho tournament 2024-25 held at Shifali International School. The Under-19 team of Boys could get this position out of 12 participating teams of different schools.



Three days Annual Athletic Meet kicked off

Nov. 20, 2024



The 47th annual athletic meet of Nankana Sahib Public School, Gill Park kicked off on Nov 20.Mrs.Sarbjit Kaur Principal Guru Nanak Polytechnic College was the chief guest on this occasion. The school alumnus Dr Mandeep Singh Sondh Academic Administrator Nextillo Mohali was the guest of honour. He was accompanied by his mother Mrs Darshan Sondh and father Sardar Daljit Singh.

They were given guard of honour by NCC Cadets of the school. The opening ceremony of the three days long athletic meet commenced with the school Head boy presenting a floral welcome to the chief guest. The chief guest hoisted the school flag and declared the athletic meet open amidst thunderous applause by releasing balloons tied with school insignia in the air.

Addressing the august gathering of students, teachers and parents, the city coordinator of CBSE and School Principal Mrs. Harmeet Kaur Waraich welcomed the illustrious guests. Mrs Waraich said,"It is an exotic moment for all of us that our school alumnus Dr Mandeep Singh Sondh achieved so high that he is our guest today. He is a motivation for all."

She spoke at length about sports and academic achievements of the students in the year 2024-2025. She appealed to parents of students to spend quality time with their children and keep an eye on the company of your kids.

Addressing the august gathering of students, teachers and staff the chief guest Dr Sarbjit Kaur Said, "I am surprised when the school Principal was highlighting achievements of students the parents didn't motivate students by clapping. Tomorrow when your own children will achieve who will clap for them? So you must appreciate all students."

Endorsing the view point of Mrs Waraich, Mrs. Sarbjit Kaur said, "Come out of your 'phone world ". Your kids should be your priority not your phone. Keep coordinating with teachers for the bright future of your kids. The achievements of school students are commendable."

Comparing the achievements of school students with her college, she said, "My College did not witness so many achievements." While addressing the gathering of students, parents and teachers Dr Mandeep Singh Sondh said, "I had faced a tough time during my MBBS. Teachers of this school always motivated me to excelling in different fields. If you have parents and teachers at your back, you never need a counselor. Always respect your parents and teachers. I am thankful to the school Principal and school management for inviting me on this prestigious occasion.

The spectacular performance of gatka kept everyone glued to their seats. The tiny-tots welcomed the illustrious guests with a scintillating performance of welcome dance. On the first day, the tiny-tots of the Kindergarten section participated in about three dozen events separately organized for boys and girls. The results of some events are as follows: Singh is King: (Boys):

Jaapanjit Singh 1st, Shahbaaz Singh 2nd, Jaspreet Singh 3rd

Fairy Race: (Boys and girls)

Ishleen Kaur and Joseph Singh 1st

Janatjit Kaur and Nihaal Sjngh 2nd, Harkirat Kaur and Mehtab Singh 3rd

Basket Race: (Boys):

Nishaan Singh 1st, Darshan Sharma 2nd, Samarjot Singh 3rd

Jelly Fish Race (girls)

Yashwani 1st, Ayesha 2nd and Prabhnoor Kaur 3rd

Basket Race (Girls):

Pari 1st, Manreet Kaur 2nd and Abadnoor Kaur 3rd

Cartoon Race (Boys);

Gurvir Singh 1st, Armaan Mahey 2nd and Natvik 3rd

Athletic Meet of Primary Wing organized



Contunuing the resonance and camaraderie the second day of annual athletic meet witnessed events of Primary Wing . The budding athletes of Primary Wing demonstrated their physical strength and stamina in more than 70 athletic events. Mr Sameer Verma S.P. (Excise and Taxation department Patiala) was the chief guest of the day. However Dr Lovepreet Singh and Dr Saravpreet Singh, both alumnus of the school were the guest of honour. The illustrious guests of the day were given guard of honour by NCC Cadets of the school. The second day events commenced with recitation of Shabad. It was followed by floral welcome to all the dignitaries by the school Head boy and Head Girl. The chief guest took the salute from School scouts and guides along with marchpast of all the four houses of the school. The Proctorial Board of Primary Wing took the oath of sportsmanship, pledging to uphold the values of fair play and teamwork throughout the events to keep up the glory of school.

The spectacular array of PT Show, yoga, gatka, welcome song and Ghoomar dance kept everyone glued to seats.

Welcoming the illustrious guests of the day the City Coordinator of CBSE and Principal of the School Mrs Harmeet Kaur Waraich shared the sports and academic achievements of the school. She said, "Parents should spend quality time with kids and make them emotionally Balanced. Don't allure them with materialistic things. Parents need to support children maximum when they pass through hormonal and biological changes."

The chief guest Mr. Sameer Verma while addressing the gathering said,"It was like nostalgia coming to me back. I could go down memory lane of my school days I congratulate all for the sports and academic achievements of students. Big kiddos to teachers, parents, Principal and school management for polishing students to this level. Everyone does not get the chance. If we have to succeed we will have to work as a team for uplifting the society as a whole."

He further said that all parents achieved a big thing today by witnessing the sports events of their children. He said, "Children never forget the moments when parents watch them while participating in any event. Teach them to work for humanity and moral values."

Expressing his gratitude to school management and Principal for inviting him to this prestigious event Dr Lovepreet Singh an alumnus of the school said,"I learnt a lot from my alma- mater. All this is helping me in my medical profession. Be curious, ask questions and never feel afraid of committing mistakes. "

Dr Sarvpreet Singh another alumnus of the school also motivated the students saying, "Learning for good grades is not enough. Explore the world beyond books. Have self-belief and put your best in everything you do." He also thanked the school Principal and teachers for inviting him. Sharing his views with parents and students Sardar Inderpal Singh Chadha Director Nankana Sahib Education Trust said, "Sports help students to learn team work. Parents should protect their children from the world of cell phones." He appreciated the efforts of the school Principal and all the staff members for helping the school to touch the new heights. The Primary Incharge of the School Mrs Jasmeen Kaur, Sardar Hardeep Singh Kahlon Principal Nankana Sahib Public School Khasi -Kalan, Mrs Kuldeep Kaur Principal NSPS Fatehgarh Jattan were also present on this occasion. The track events commenced with 50.meter race of participants. The results of different athletic events are as follows:-

Shotput Grade-4 (Boys)

Hardik Sharma 1st, Kulraj Singh 2nd, Manpreet Singh 3rd, Eknoor Singh 3rd Go halves in rings Grade-2 (Boys) Paramveer Singh & Gurnoor Singh 1st, Namjot Singh & Ikkjot Singh 2nd, Fateh Singh & Ishpreet Singh 3rd Hurdle Race Grade-1 (Boys) Hargun Singh 1st, Lovedeep Singh 2nd, Aarav Rana 3rd Shotput for Grade-5 (Girls) Gurnoor Kaur 1st, Kavya 2nd, Ekamjeet Kaur 3rd Pick Glass with Balloon Grade-2 (Girls) Prabhjot Kaur 1st, Pahulpreet Kaur 2nd, Jasleen Kaur 3rd 50 M Race Grade-1 (Boys) Sarmanjot Singh Panesar 1st, Avijot Singh 2nd, Mankirat Singh 3rd Long Jump Grade-3 (Girls) Mehak Verma 1st, Navreet Kaur 2nd, Gurmandeep Kaur 3rd Throw Ball Grade-3 (Boys) Harpartap Singh 1st, Jaskirat Singh 2nd, Gurpayar Singh 3rd Find coins from colourful water Grade-2 (Boys)

Gurnoor Singh 1st. Samardeep Singh 2nd. Amariot Singh 3rd

Annual Athletic Meet concluded

Nov. 22, 2024



Three days long 47th annual athletic meet of Nankana Sahib Public School Gill Park Ludhiana concluded today. Athletes of the senior wing participated in different events with full vigor and energy. Sardar Baldev Singh Dronacharya awardee and Hockey coach was the chief guest of the day. Mr G S Romana S. P. (Retd) Chairman Child Welfare department was the guest of honour. The illustrious guests were given guard of honour by NCC Cadets of the school.

To invoke the blessings of Almighty the school choir recited shabad . It was followed by synchronized March Past by the students from Sahibzada Zorawar Singh, Sahibzada Fateh Singh, Sahibzada Ajit Singh and Sahibzada Jujhar Singh House. Earlier the school Head Boy of senior Wing Harkeerat Singh and Head Girl Ashmeet Kaur accorded the floral welcome to the chief guest. The School Head Girl in the presence of illustrious guests and the school Principal Mrs Harmeet Kaur Waraich administered the oath to the athletes. The dignitaries hoisted the school flag. The most solemn part of the ceremony was the relay of the torch by the school's sports persons and the athletes. Addressing the august gathering of students, teachers and parents, the School Principal Mrs. Harmeet Kaur Waraich shared sports and academic achievements of the students in the year 2024-2025. She said "I am thankful to the people of Gill village for donating land to the school where we are nurturing our students in different spheres. I am also thankful to school management , hardworking teachers and parents of wards for the collective efforts to raise the school to new heights."

She appealed to to spend quality time with children. The school will celebrate its golden jubilee after three years and that will be a great moment for all of us." Delivering the motivational speech the guest of honour Sardar G S Romana said,"I am happy that the school is progressing leaps and bounds. Today's event of the school is a proof that this school has performed exceptionally well as compared to many schools. "

He said that he himself worked under different governments very nicely. He appreciated the leadership qualities of school Principal and exhorted the students to work hard in right direction and get their names registered in different spheres. Highlighting the role of all class IV employees, teachers and staff members the chief guest Sardar Baldev Singh said, "The class IV employees have big role in maintaining grounds . I know it very well. I prepared about 80 International players. Always aim high in sports. I was not given the required support in sports in Punjab and so I joined Khalsa School at Shahbad- Markanda in Haryana and never looked back. I produced many olympions, International and National players. The coaches and political leaders of Haryana really boosted sports and left Punjab far behind . It is high time to speculate about this. We Punjabies have lagged behind badly." He asked the School Managing Committee to lay astrotruf for Hockey in the school campus. The winner of Dronacharya award in 2009 , he appealed the teachers of Physical Education of the school, to motivate girls to participate more in sports as they will do exceptionally well.

Sardar Harcharan Singh Gohalwaria Additional Secretary School Managing Committee also addressed the gathering. He said,"Sports makes one learn team work and universal brotherhood. I congratulate parents and teachers to provide them opportunity and facilities to hone their sports skills. I wish the students of our school may always emerge winners."

Sardar Inderpal Singh Chadha Director Nankana Sahib Education Trust, Dr Sehajpal Singh Principal Guru Nanak Dev Engineering College and Mrs Jasmeen Kaur Primary Incharge of the school also marked the occasion. The performance of Gatka was breathtaking spectacle. Showcasing the rich cultural mosaic of Punjab the girls performed foot tapping giddha. More than three dozen events were separately organized for boys and girls.

The athletic meet ended with the rendering of the National Anthem.

Sahibzada Fateh Singh House remained first, Sahibzada Zorawar Singh House second and Sahibzada Jujhar Singh House got third position.

0-14 (class / allu 0)	diris. Shatpreet Kaul	boys. sukiiciiaiii siligii
U-14 (Class 6)	Girls : Gurleen Kaur	Boys: Samardeep Singh
U-17	Girls : Japneet Kaur	Boys: Sukshan Singh
U-19	Girls : Navjot Kaur	Boys: Karandeep Singh Sidhu and
		Jasnoor Singh shared first position

The results of some events are as follows:

The results of some events are as follows.		
200m Race U-14 (Boys)	Sehajmeet Singh 1st, Priyanshu 2nd, Prince 3rd	
400m Race U-14 (Boys)	Sukhchain 1st, Kuwarpal Sharma 2nd, Gurpreet Singh 3rd	
400m U-19 (Girls)	Navjot Kaur 1st, Arshpreet Kaur 2nd, Nancy Barwal 3rd	
400m U-19 (Boys)	Karandeep Singh 1st, Ram Dayal Singh 2nd, Amritpal Singh 3rd	
1500m U-17 (Boys)	Sukhshan Singh Gill 1st, Dharamveer Singh 2nd, Ranveer Singh 3rd	
1500m U-19 (Boys)	Amritpal Singh 1st, Devendra Singh 2nd, Dhanraj Sharma 3rd, Jaskaran Singh 3rd	
Long Jump U-14 (Boys)	Damanjot Singh 1st, Manraj Singh 2nd, Karanveer Singh 3rd	
Long Jump Grade-6 (Boys)	Manjot Singh 1st, Harnoor Singh 2nd, Sehajpreet Singh 3rd	
Shotput Grade-6 (Girls)	Avneet Kaur 1st, Gurmeet Kaur 2nd, Jasmeet Kaur 3rd	
Shotput Grade-6 (Boys)	Ranveer Singh 1st, Navjot Singh 2nd, Manmeet Singh 3rd	
Long Jump U-14 (Girls)	Ekamjot Kaur 1st, Palakjot Kaur 2nd, Harbaani Kaur 3rd	

NSPS celebrated Gurpurab



Gurpurab of Sri Guru Nanak Dev Ji was celebrated with great fervor, devotion and dedication at Nankana Sahib Public School, Gill Park. The religious ceremony commenced with bhog of Sri Akhand Path Sahib. It was followed by shabad- gayan. Addressing the gathering of devotees.

Mrs Harmeet Kaur Waraich the School Principal read the academic report of the school of the year 2024-2025 . She said,"Parents should give priority to their children/ The children do copy their parents. They are not making their children responsible. I request all the parents to avoid cell phones". She further said,"Have at least one meal a day with children so that you may get to know what they are doing?"

While addressing the august gathering Dhanpreet Kaur Inspector General of Police, Ludhiana congratulated all the students for organising this function under the guidance of their teachers. She said, "You should feel proud that you are getting an education in such a prestigious school."

Endorsing the opinion of Mrs Dhanpreet Kaur, Sardar Mahesh Inder Singh Grewal, former Cabinet Minister and member of School Managing Committee said," The biggest achievement is to respect your Guru and your parents. I thank all of you for attending this religious ceremony. I am also thankful to Mrs Dhanpreet, all branch principals of NSPS and above all of Sri Guru Granth Sahib ji who gave wisdom to all for this religious celebration." The dignitaries were also honoured.

On this occasion S. Kishan Singh Memorial Shabad Gayan Competition was organized . In this as many as teams of different branches of Nankana Sahib Public School participated enthusiastically. There was competition among different branchs of Nankana Sahib Public School namely Buddhewal, Rampur, Kot Gangu Rai, Issaru, Kila Raipur, Kalal -Majra, Fatehgarh Jattan, Amargarh and Kila Raipur.

However being the host school, Nankana Sahib Public School, Gill Park recited the shabad but did not participate in the competition. The panel of four judges judged the participants. These included Principal Sukhwant Singh of Baba Sucha Singh Gurmat Sangeet Academy Jandiyala Guru, Ms Baljeet Kaur Music teacher of Sacred Heart Convent Sarabha Nagar Ludhiana, Mrs Surinder Kaur Music teacher of Spring Dale Public Sen sec School Sherpur Chowk and Sardar Kanwar Amritpal Singh pursuing his Ph. D in Music. Sharing his analysis of the shabad gayan competition, Principal Sukhwant Singh said,"There is no competition of Keertan. It is just to encourage the students for recitation of Gurubani. So never feel bad even if you donot get any position." He suggested to participants some ways to recite Gurbani properly.

The spiritual ambience created by the shabads transformed everyone in the meditative mood. Sardar Raghbir Singh Saharanmajra Member Shiromani Gurudwara Parbandhak Committee and Member School Managing Committee,

Sardar Gurdial Singh Lamberdar Gill village, Sardar Inderpal Singh Chadha Director Nankana Sahib Education Trust, Sardar Harbhajan Singh member School Managing Committee and Member of Nankana Sahib Education Trust, Sardar Harcharan Singh Gohalwaria former Mayor and Additional Secretary of Nankana Sahib Education Trust, Mrs Sarbjit Kaur Principal Guru Nanak Dev Polytechnic, and Principals of branch schools also marked the occasion. It is worth mentioning that School Managing Committee awarded scholarship to as many as 56 students who scored 90% or above marks in class X and XII in the year 2022-2023 and 2023-2024. Each student was awarded scholarship of rupees 5100 for their academic achievement. However 19 students awarded with mementoes for completing Sehaj Patth along with students who won many awards in Sikh Martial Arts.

Earlier Speeches, poems and Sakhis portraying the life history of Guru Nanak Dev Ji floated the air of serenity in the whole environment. On this occasion Guru ka langar was served to one and all.

The result of Shabad Gayan Competition is as follows:

Nankana Sahib Public School Issru succeeded in scoring first position, NSPS Samrala got second and NSPS Buddhewal remained third. However the consolation prize was shared by two branches NSPS Kot Gangu Rai and NSPS Fatehgarh Jattan.

Athlete got second NSPS player bags gold medal in position in state tourney National Basketball tourney Nov.28,2025



Proving his potential once again an athlete of the school the succeeded in scoring second position in an event at 68th state-level athletic tournament. Karandeep Singh, a student of XII Arts remained second in 4x 400 Relay races in U-17 Category.





The budding players of Badminton of the school school excelled in the Millennium World Cup organized by Millennium World School.

Among girls in the category of U-11 Gurseerat Kaur stood first and Srishti remained second. However, among boys Aashish Verma clinched second position in the U-13 category.



Adding another feather in his cap Gurmat Singh a student of Plus Two Arts of Nankana Sahib Public School succeeded in winning a gold medal in the National Basketball Tournament organized by School Games Federation of India. The tournament was held at Patiala. Gurmat represented the Punjab team as Captain and won the gold medal by defeating the team of Rajasthan.

The budding player has been playing Basket for five years and daily practices for 2 to 3 hours. Son of Sardar Harjinder Singh and Mrs Kirandeep Kaur, Gurmat hoped that he would get a place in the National level team of Basketball. Aiming high he said, "I want to play for my country at International tournaments and wish to bring laurels to India.

CBSE Capacity Building Programme on Joyful Mathematics



Nankana Sahib Public School, Gill Park hosted a two-day long CBSE Capacity Building Programme on Joyful Mathematics. It was organized by the COE Chandigarh. The event witnessed as many as 54 mathematics teachers from various schools across Ludhiana. The programme was conducted by Resource persons, Mr. Ashish Kumar from Kundan Vidya Mandir Sr. Sec. School, Ludhiana and Mr. Rajiv Budhraja from MGN Public School, Jalandhar. Through their dynamic and innovative approach they captivated the audience throughout the session. They equipped educators with effective and engaging strategies to teach mathematics.

The primary objective of the workshop was to enhance teachers' proficiency in teaching mathematics through practical methodologies and align their skills with CBSE's emphasis on holistic and experiential learning.

The sessions focused on fostering creativity and innovation in mathematics education, making the subject more accessible and enjoyable for students.

Addressing the gathering, the school Principal, Mrs. Harmeet Kaur Waraich, emphasized the critical role of mathematics in education and the necessity of equipping teachers with modern teaching strategies. She expressed her gratitude to the resource persons and participants for making the event a grand success.

On the concluding day the participating teachers had interactive sessions with the Resource Persons and updated their Mathematical skills.

NSPS orator gualified for intercity declamation

Nov.29,2025

After having won the first position in the inter- school Vedic declamation organized by Ved Prachar Mandal, Gurvir Singh Sandhu of Plus One Science the school has qualified for the inter-city declamation.

It needs to be mentioned here that Gurvir stood first out of 25 participants in the Hindi declaration held at Police DAV School Ludhiana. Reflecting his oratory skills the budding oratory skills expressed his own Mata Pita aur Guru Ka Mahatva.

Appreciating him the school Principal Mrs Harmeet Kaur Waraich said, "Oratory is an art which polishes leadership qualities of students. I am happy that he is excelling in this art."



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NSPS students excel in Moral Education exam

The students performed remarkably well in the Moral Education exam conducted by Guru Gobind Singh Study Circle.

As many as 5500 students from different institutes participated in it. Five students of Nankana Sahib Public School scored good positions. These included Parneet Kaur (Class III) scored 8th and Tanveer of the same class succeeded in winning 12th position. However Aryan, another student of the same class, got consolation.

From class VII Ranveer Singh and Satpreet Kaur of class IX got consolation. Dec.4,2024



Student got first position in painting

Reflecting her creativity, a student of Nankana Sahib Public School Gill Park succeeded in scoring first position in the inter school painting competition organized by Guru Gobind Singh Study Circle.

The competition was dedicated to the birth anniversary of famous Punjabi poet Bhai Veer Singh. Damneet Kaur, a student of XI Science made a painting on the theme of Nature. As many as 24 participants from different schools participated in it.

Damneet Kaur was awarded with a cash prize of rupees 1000.

Sardar Harcharan Singh Gohalwaria former Mayor and Additional Secretary of Nankana Sahib Education Trust congratulated the winning student and teacher behind her success. Dec.7,2024



Motivational lecture organized

Dec.9,2024



Continuing its series of lectures of experts, a motivational lecture was organized in the school for teachers. This time the Sikh preacher Dr. Sarbjit Singh Renuka addressed the teachers and staff of the school and gave many tips to teachers about effective teaching and learning process.

Dr Sarbjit Singh who has about two dozen books on Sikhism and spirituality to his kitty explained with the help of Gurubani couplets as why it is necessary to provide an independent atmosphere to students so that they may be inquisitive learners.

The motivational speaker who has also written a biography "Vadde Nishane vaddiyan praptiyan" (Life glimpses of Dr. Inderjeet Singh) said," A research conducted by a University of Columbia found that beliefs of a teacher in students can do wonders. He said that teachers should motivate students.

He focused his lecture on making the human journey better. He said, "We should always stay happy even if there are problems. We get polished whenever we face problems. So face them happily."

Dec two days long Ludhiana Sahodaya School Complex Handball Tournament of U-19 Boys and Girls 2024-25 was hosted by Nankana Sahib Public School Gill Park, Ludhiana . As many as 8 teams of girls and 10 teams of boys participated in it. The results are as follows:

U-19 Girls 1st Position - BCM Arya, Shastri Nagar, Ludhiana. 3rd Position - DAV, Pakhowal Road, Ludhiana U-19 Boys Team : 1st Position - BVM Kitchly Nagar, Ludhiana 2nd Position - BVM, Kitchlu Nagar, Ludhiana

U-19 Boys Team : 1st Position - BVM, Kitchlu Nagar, Ludhiana 3rd Position - DAV, Pakhowal Road, Ludhiana

2nd Position - DAV, BRS Nagar, Ludhiana.

The winning teams were awarded by Sardar Inderpal Singh Chadha Director Nankana Sahib Education Trust. Appreciating the sportsmanship of players he said, "Sports are an integral part of our life. I wish all of you to keep playing to the best of your ability." The Principal of Nankana Sahib Public School appreciated the efforts of players and asked them to keep participating in such events.



hosted

The two days long Ludhiana Sahodaya School Complex Handball Tournament of U-19 Boys and Girls 2024-25 was hosted by Nankana Sahib Public School Gill Park on November 10 and 11.

As many as 8 teams of girls and 10 teams of boys participated in it.

The results are as follows:

U-19 Girls

NSPS

1st Position - BCM Arya, Shastri Nagar, Ludhiana.

2nd Position - BVM, Kitchlu Nagar, Ludhiana

3rd Position - DAV, Pakhowal Road, Ludhiana

U-19 Boys Team :

1st Position - BVM, Kitchlu Nagar, Ludhiana

2nd Position - DAV, BRS Nagar, Ludhiana.

3rd Position - DAV, Pakhowal Road, Ludhiana

The winning teams were awarded by Sardar Inderpal Singh Chadha Director Nankana Sahib Education Trust. Appreciating the sportsmanship of players he said, "Sports are an integral part of our life. I wish all of you to keep playing to the best of your ability." The Principal of Nankana Sahib Public School appreciated the efforts of players.

LSSC NSPS player selected for t Vijay Merchant Trophy Dec 16.2024

It is a matter of great pride that Hemant Verma, a budding cricketer of Nankana Sahib Public School Gill Park has been selected for Vijay Merchant Trophy Under-16 Boys being

organized by BCCI (Board of Cricket Control of India). This cricket event is being held at Shimoga in Karnataka.

It needs to be mentioned here that Hemant, a student of class X is the only cricketer from Ludhiana district who has been selected for this prestigious tournament.

Earlier Hemant was selected as captain of Ludhiana team in M. Markar Trophy organized by Punjab Cricket Association. In this tournament he made a total of 487 runs. He made 22 and 80 runs in two innings while playing against Ropar, 109 runs against Mohali in one inning, 46 and 119 runs in two innings against Faridkot and 22 and 87 runs in this innings while playing against Bathinda. He has been selected for Vijay Merchant Trophy on the basis of his performance in M.L. Markar Trophy.



Annual Prize distribution and Graduation ceremony of junior Wing held



In a spectacular display of talent, colour and spirit the school organized its Annual Prize distribution and graduation ceremony at the auditorium of Guru Nanak Dev Engineering College. To invoke the blessings of Almighty the function commenced with recitation of shabad. Mrs Harmeet Kaur Waraich Principal of the school welcomed all and read the annual report of the school. She highlighted various achievements of students in academics, sports and other co-curricular activities at state and national level.

Dr Karanbir Singh Gill Professor Paediatrics and Neonatology DMC was the chief guest. He was accorded a floral welcome by the School Student Council.

Showcasing the achievements of the school a PowerPoint Presentation was presented which won accolades from one and all. The soothing melodious song "Swagtam " accorded everyone a convivial welcome .Welcoming the chief guest Mrs Harmeet Kaur Waraich the School Principal read the school's annual report highlighting the achievements of students in academics and other co-curricular activities. Earlier the ceremonial lamp was lit by the chief guest. Sardar Inderpal Singh Chadha Director of Nankana Sahib Education Trust also accompanied him along with other dignitaries. Going down his memory lane , àn alumnus of the school Dr Karanbir Singh Gill said,"Coming to school after 20 years gives me a feeling of Deja Vu. Always remember not to criticise any teacher in front of your children. Students always believe more in their teachers. " Dr Gill, who is one of the two specialists of Punjab in aesthema, allergy and sleep medicine said" The teachers are always well wishers of students. They should never forget their foundation." He also released the school magazine "Shiromani" along with other dignitaries.

The school student Gurkirat Singh, who recently won a gold medal in Sikh Martial Art at national level was also honoured by the chief guest. The students promoted from LKG to first and fifth to sixth in the year 2022-2023 were honoured with certificates. The tiny tots wearing graduation robes and Mortarboards wore broad smiles, looked excited and vibrant. The gala event was attended by parents who were as excited as their wards, to see their little ones dressed up in convocation gowns receiving certificates. The ceremony was filled with quite a buzz of energy built up by a scintillating performance of young students who welcomed all with welcome song and dance. The spell bound performance of Act on vocational skills, Sufi song, Sufi Kawwali, religious song, Kali Raat -Act on drug- addiction, choreography- Das Avtar, based on ten incarnations of Lord Krishna kept everyone glued to their seats.

On this occasion a documentary film made by Nankanians The Harvest of Hope - based on ttheme of organic farming was also shown. Dr Sehajpal Singh Principal of Guru Nanak Dev Engineering College, Mrs Sarbjit Kaur Principal Guru Nanak Dev Polytechnic College, Sardar Yogeshwar Singh Mangat life Trustee of Nankana Sahib Education Trust and Mrs Jasmeen Kaur, Primary Incharge of the school also graced the occasion. The vote of thanks was given by Sardar Inderpal Singh Chadha Director Nankana Sahib Education Trust. He said,"The Gill village donated land to school not for growing crops but for growing generations. I endorse the tips given by the chief guest Dr Karanbir Singh Gill to students for a bright future. "The function ended with foot tapping giddha.

Prize distribution and graduation ceremony of the senior wing organized



The school organized its Annual Prize distribution and graduation ceremony of senior students at the auditorium of Guru Nanak Dev Engineering College today. The function commenced with recitation of shabad by the School choir. Dr Charanjit Singh Aulakh Dean, College of Agriculture PAU was the chief guest. Showcasing the achievements of the school a PowerPoint Presentation was presented which won accolades from one and all. Er. Jagdev Singh Hans Chief Engineer PSPCI was the guest of honour.

Sardar Inderpal Singh Chadha Director Nankana Sahib Education Trust also marked the occasion. The dignitaries lit the ceremonial lamp.

Addressing the gathering Er. Jagdev Singh Hans said,"This school has blessings of Guru Nanak Dev Ji. I expect that many athletes from your school will compete at International level like P.T. Usha and Milkha Singh. I and my son , we are both alumni of GNDEC. I have only one son and I never pampered him."

The soothing melodious song "Swagtam " accorded everyone a convivial welcome. Welcoming the chief guest Mrs Harmeet Kaur Waraich, city coordinator of CBSE and Principal of the school read the annual report of the school and

appealed to parents not to overprotect their childern and let them learn the struggle of life.

Appreciating the performance of students Dr Charanjit Singh Aulakh said,"I felt young while watching the programme of students. I congratulate parents and teachers for the splendid success of children. The parents should try to make their children better human beings. Success will definitely come to your kids. "

He exhorted the parents to let the children explore their own world, tell them how to face challenges of life with patience and help them to communicate in social circles. He said,"Train your children to have dastar, raftar and guftar for their whole life." Students promoted from LKG to first and fifth to sixth in the year 2023-2024 were honoured with certificates. The students who got positions in class X and XII in the last two academic years were also honoured with trophies and certificates.

The students wearing graduation robes and Mortarboards wore broad smiles, looked excited and vibrant. The gala event was attended by parents who were as excited as their wards, to see their little ones dressed up in convocation gowns receiving certificates.

The ceremony was filled with quite a buzz of energy built up by the scintillating performance of young students through cultural activities.

The function concluded with foot tapping bhangra.

Dec 19,24



Remembering the great sacrifice of four Sahibzadas of Shri Guru Gobind Singh Ji and Mata Gujri, Nankana Sahib Public School Gill Park Ludhiana organised Vidyarthi Chetna March. It was organised under the patronage of Nankana Sahib Education Trust. The students and teachers of Nankana Sahib Public School Gill Park Ludhiana, Guru Nanak Dev Engineering College and Guru Nanak Dev Polytechnic College, Science & Technology and students of I.T.I. participated in it with dedication.

The event started with Shabad Keertan at the Gurudwara Sahib of Guru Nanak Dev Engineering College. It was followed by the paths of Chaupai Sahib, Anand Sahib and Ardas. To make people aware about the great sacrifice, the students were holding placards in their hands. Slogans related to the life of all martyrs were written in Punjabi on placards.

The march passed from the streets of Gill village and paid their obedience at both the gurudwaras of Gill village. The march was received by the Trustees of Nankana Sahib Education Trust at Gurdwara Gill village. Sardar Inderpal Singh Chadha Director of Nankana Sahib Education Trust, Mrs Sarbjit Kaur Principal of Guru Nanak Dev Polytechnic, Mrs Harmeet Kaur Waraich Principal NSPS Gill Park Ludhiana also accompanied the Chetna March. Throughout the march, shabads and religious poems were recited by the students with devotion.

NSPS students shine at 'Bal Kavi Darbar'



The students of Nankana Sahib Public School Gill performed exceptionally well in the 'Bal Kavi Darbar' event hosted by Darshan Academy. It was dedicated to the revered Chhote Sahibzade. The competition, which was open to students from UKG to Class VIII, witnessed participation from 39 students representing 15 schools, divided into three categories.

Showcasing their talent, the students of NSPS achieved remarkable results. Gurfateh Singh (Class II) won the First Prize in Category A, while Shubhnimrat Kaur (Class IV) secured the Second Prize in Category B. Additionally, Hardeep Kaur (Class VII) received a Consolation Prize in Category C.

The school Principal, Mrs. Harmeet Kaur Waraich, congratulated the winners and stated, "This event not only encourages young minds to embrace their creative potential but also deepens their understanding of our rich Sikh heritage. I am proud of our students for their dedication and for making our school shine in this prestigious competition."

Satyajeet- Light engineer, Prachi, Gurman Kaur, Harleen kaur, Parneet kaur, Gurnaam singh as actors.

Vidyarthi Chetna March organized NSPS players second in LSSC basketball tourney Dec 20,2024



The budding players of basketball of Nankana Sahib Public School Gill Park once again proved their potential in the game in Ludhiana Sahodaya Schools Complex tournament held at BCM School Sector-32, Chandigarh Road. The Under-19 team clinched second position in this tournament. As many as 12 teams participated in this Inter-school tourney.

NSPS Wins Best Casting Award at **Global Youth Film Festival 2024**



A crew of students and teachers of Nankana Sahib Public School, Gill Park added another feather in their cap by excelling at the Global Youth Film Festival 2024. This prestigious event was organized at the Government Museum and Art Gallery, Chandigarh by Supremacy Talents in collaboration with the Institute of Moving Images Film School. The said event provided a platform to school students for exploring their talent in filmmaking and acting. The students of NSPS won the best casting award.

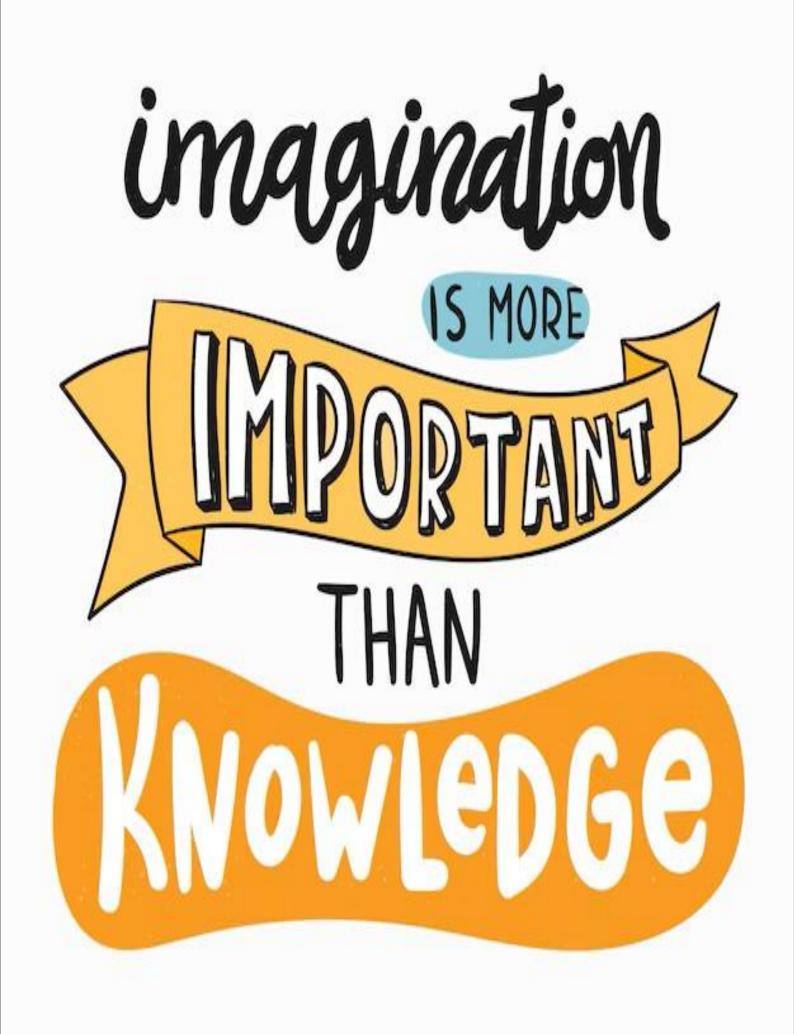
Among 11 participating schools from North India, 16 students from NSPS showcased exceptional performance by making a documentary on organic farming- "The Harvest of Hope " . The group of students made this 6 minute long documentary under the guidance of two teachers Mrs Manpreet Kaur and Mrs Sukhwinder Kaur.

The students who worked different roles

Gurveer Singh Sandhu - - Director, Arnav Verma-Editor, Ishmeet Kaur Cheema -Producer, Parneet Kaur-Make up artist, Chetan Singh as Actor, Charanpreet Singh- Cinematographer, Japneet kaur- Costume Designer, Priyanshi Kalsi- Script writer, Eknoor-Music Director, Yuvraj Singh- editor



Students of the school once again reflected their talent in the 21st Virsa Sambhal Gatka Cup 2024. The event was organized in the memory of Mata Gujri Kaur, the four Sahibzadas of Guru Gobind Singh ji and all Sikh martyrs. It was organized by Amar Shaheed Dhan Dhan Baba Deep Singh Ji International Gatka Akahada Gurudwara Sri Bhattha Sahib Ropar. In Dumala tying competition Gurpreet Singh of grade VIII secured first place and Ranbir Singh of grade VII succeeded in achieving third position.



English Section

Real Pearl

Amongst the pearls so precious Satisfaction is the most gracious We need pearls like money, love and fame It's always a dissatisfactory game Money brings greed, love fetches gloom There is fame which brings only doom One who gets the pearl of satisfaction He loves only God's affection Satisfaction is that pearl wonderful Which makes one calm and grateful To get it what we have to do is just To be satisfied and no expectation is must Accepting what God plans for us Will never create chaos and fuss. Gratitude and acceptance are its basis Our life then moves on only God's thesis.



Pavneet Kaur English Teacher

"Fail Fast, Learn Faster – The Agile Approach to Startup Failure."

Success is never a straight line; it's a path filled with obstacles and failures. The startup world exemplifies this. As Thomas Edison said, "I have not failed. I've just found 10,000 ways that won't work." In startups, failure isn't the end but a stepping stone to success.

You all might wonder, what does "failing fast" mean? Well, In the Agile approach, we experiment quickly, like a sculptor chiseling away at marbles where each chip reveals the hidden masterpiece. Startups need to willingly take risks and learn from their mistakes.

Considering the story of Snapchat. When it first launched, it faced significant challenges. Their concept of disappearing messages didn't attract a wide audience. However, instead of giving up, the founders listened to user feedback and adapted the app by adding features like Stories and filters. Their ability to learn from early setbacks transformed Snapchat into a social media giant, loved by millions within weeks—all because they failed fast and learned faster.

Now, the question that arises here is that why is this approach so crucial? In our fast-paced world, clinging to outdated ideas can sink us. The Agile method promotes adaptability. As the poet Rainer Maria beautifully said, "The only journey is the one within."

Taking a more recent example: Elon Musk's SpaceX. Musk's bold vision to revolutionize space travel encountered multiple rocket failures. Each explosion led critics to declare the end of his dream. Yet, SpaceX didn't simply give up. They analyzed, adjusted, and returned stronger. Today, it is the leading force in space innovation, all because they embraced the Agile mantra.

Failure isn't the enemy; stagnation is. As the poet said, "The man who never made a mistake, never made anything at all." Through failure, we identify flaws and gain the wisdom to fix them. In closing, the Agile approach teaches us that failure isn't shameful but courageous. Let's embrace failure, knowing that "every fall is a step closer to triumph."

Hence, let us all dare to fail fast, learn faster and transform our dreams into reality.

Thank you

Gurveer Singh Sandhu Class - 11th Sci-B

Stay True, Shine Through!

In our journey through life, it's essential to remember that not everyone's opinion matters. As Dr. Satinder Sartaaj beautifully expresses in his song, "Jo tere ne oh tere hi ne parwah na kar, ess raat ton baad swere hi ne parwah na kar. This poignant message serves as a powerful reminder that while we may encounter negativity or doubt from others, the people who truly care for us will always stand by our side.

In a world filled with diverse perspectives, it's easy to feel overwhelmed by the opinions and judgments of those around us. However, it's crucial to distinguish between constructive feedback and unwarranted criticism. Those who genuinely love and support us recognize our worth and potential, encouraging us to grow and pursue our dreams. They are the ones who see beyond our struggles and believe in our abilities, reminding us that we are never alone in our endeavours.

Challenges and hardships may often feel insurmountable, but they are temporary, much like the night that gives way to dawn. It is during these difficult times that we must remind ourselves of Sartaaj's words and trust that brighter days are ahead. Every setback we face is an opportunity for growth, and the darkness we experience is merely a prelude to the light that will surely follow.

Let us embrace our individuality and surround ourselves with those who uplift and inspire us. It is important to cultivate relationships with those who see the beauty in our differences and encourage us to express our true selves. In doing so, we create a supportive environment where we can thrive, free from the weight of others' opinions. Remember, our true worth is not defined by what others think of us but by how we perceive ourselves and the love we share with those who matter most.

So, let us move forward with confidence, knowing that the people who truly care for us are the ones we should focus on. They are our anchors in times of turmoil, our cheerleaders in moments of triumph, and our solace during hardships. As we navigate the complexities of life, let's hold on to the assurance that after every night, there is indeed a new morning waiting for us, filled with possibilities and hope.

Harkeerat Singh Class – 12th Arts B Head Boy

Mental Health: A social stigma

The wheel of time has already entered in the third decade of 21st century. The scientists of our planet have started exploring tough planets like Mars and sun. Juxtaposing to it millions of human beings are still cocooned in the dark shell of isolation and anxiety and thus falling an easy prey to chronic diseases like heart attack, diabetes and obesity etc.

Shrouded in the world of silence they still are victim of stigma attached to mental health. It is high time to come out of this hell as said Mel Robbins, "Your mental health is everything-prioritize it. Make the time like your life depends on it, because it does."

For creating a supportive and inclusive environment, the individuals must feel comfortable seeking help and discussing their mental well-being. For too long, society has treated mental health as a social taboo topic. we have heard phrases like "just toughen up" or "it's all in your head "which trivialize real struggles faced by the individuals. This stigma not only discourages people from seeking help but also perpetuates the cycle of miss understanding and isolation.

Mental health disorders are common affecting 1 in 5 people at some point in their lives. Yet the fear of judgement keeps many from seeking the support they need. One can start with open conversations. By sharing our stories and listening to others we can foster an environment of understanding and compassion.

Abraham Lincoln the 16the President of United states suffered from severe depression which was described by Carl Sandburg in his biographical analysis of his life. About this Lincoln one wrote in a letter to his friend, "A tendency to melancholy--- let it be observed, is a misfortune not a fault."

In this materialistic world majority of people are running after physical fitness but ignoring normal functioning of mind .

Deepika Padukone the famous bollywood actor and advocate of mental health who herself fought with depression said, "I want mental health as accessible as gyms."

We must opt for systematic change as well. Access to mental health resources should be fundamental right, not a privilege. We need to push for the policies that prioritize mental health in schools, work places and communities. Let us remember the power of kindness. A simple act of support or listening ears can make a significant difference in someone's life. We can all be allies in this journey toward better mental health for ourselves and other.

Let us Stand Together to break the stigma. Let us make mental health a priority and ensure that no one has to face their struggles alone. Together we can create a society that values mental health promotes understanding and ultimately faster healing.

Jashanpreet Kaur Class - XII Commerce

The power of Empowerment

"Empowerment" isn't just a word but a word with a deep meaning. Empowerment is the process of helping individuals gain knowledge, skills and confidence they need to take control of their lives and make positive changes. It is about building self-esteem and self awareness. The major components are economic independence, social inclusion, political participation, gender, health and education. It is very easy for us to demotivate someone, make them feel bad about themselves, but always remember that what you will give to others, in return will receive the same. We are humans and our first faith to follow is "humanity". There is a very famous saying of "Muniba Mazari", You work hard, you do it for yourself, that's not life. You go out, you seek for people who need your help, you become that sponge which can absorb all the negativity, you became that person who can emit beautiful positive vibes and when your realise you have changed someone's life and because of you that person didn't gave up, that is the day when you really live. Let's not be self-centred, try to understand others. It can be gender or women empowerment. Even empowering men who face complications in life. Empowering those people belonging to poverty-stricken backgrounds, but still having dreams in their eyes, because everyone has equal right to live a beautiful life. Empowering those who lost their loved ones. Also empowering the disabled kids, let's not be judgemental or judgy and understand them and support them to achieve their goals in life. Empowering those who feel bad about their skin colour and body type. Empowering those who still are discriminated on the basis of caste or background. Stop being self-regarding and promote kindness. Should support others because we all have a relation in common that is "humanity", because a strong person stands up for himself, but a stronger person will stands up for everybody else.

> Harsimran Kaur Class- +2 Arts 'B'

"AI: The New Normal."

In the words of renowned poet William Blake, "What is now proved was once only imagined." This couldn't be truer in the realm of Artificial Intelligence. What was once the stuff of science fiction is now an integral part of our daily lives. From Siri & Alexa responding to our whims to Netflix knowing just what we want to watch next, AI has seamlessly woven itself into the fabric of our existence.

As per recent statistics, the AI industry is projected to contribute a staggering \$15.7 trillion to the global economy. This is equivalent to the combined GDP of India and Germany. Such is the power of AI, "riving innovation and economic growth at an unprecedented pace.

But beyond the numbers lies a more profound narrative. In the medical field, AI has revolutionized diagnostics, enabling early detection of diseases . Autonomous vehicles promise to reduce accidents .whereas In education, AI personalizes learning, catering to the unique needs of each student. The benefits are boundless.

Yet, we must tread carefully. As we embrace AI, let us also embrace the wisdom of Albert Einstein, who said, "It has become appallingly obvious that our technology has exceeded our humanity." Our challenge is to align the exponential growth of AI with the timeless values of empathy & compassion.

As we stand at this technological crossroads, let us be the generation that doesn't just adapt to AI but shapes its trajectory. Let us be the ones who ensure that this new normal is not just smart, but also ethical and fundamentally human.

In this brave new world, we are not just spectators , we are the architects of tomorrow. And as we code our future, let us remember that the most powerful algorithm is the one that resides in our hearts – the algorithm

of compassion, creativity, and conscience. Thank you



Gurveer Singh Sandhu Class - 11th Sci-B



Punjabi Section

ਇੱਕ ਸਵਾਲ ਕੌਣ ਸਿਆਣਾ? ਕੌਣ ਨਿਆਣਾ? ਉਲਝਿਆ ਪਿਆ ਹੈ ਇਸ ਜ਼ਿੰਦਗੀ ਦਾ ਤਾਣਾ - ਬਾਣਾ। ਚਿੱਟੇ ਕੇਸ, ਚਿੱਟਾ ਦਾੜਾ, ਕੀਤੀਆਂ ਲੜਾਈਆਂ, ਪੀਤੀਆਂ ਸ਼ਰਾਬਾਂ, ਦਿੱਤਾ ਘਰ ਨੂੰ ਉਜਾੜਾ, ਫਿਰ ਵੀ ਕਹਾਵੇ ਸਿਆਣਾ। ਛੋਟੀ ਉਮਰੇ ਸੁਪਨੇ ਮਾਰੇ, ਇਧਰ- ਉਧਰ ਭੱਜ ਥੱਕ ਹਾਰੇ, ਪੜਿਆ ਜਿੰਮੇਵਾਰੀ ਦਾ ਪਹਾੜਾ, ਆਖਣ ਉਸਨੂੰ ਸਭ ਨਿਆਣਾ। ਪੁਰਾਣੇ ਅਸੂਲ, ਪੁਰਾਣੀਆਂ ਬਾਤਾਂ, ਪੁੱਤਰਾਂ ਨਾ ਬਦਲਿਆ ਨਾ ਬਦਲੇਗਾ, ਪਰ ਹਰ ਇੱਕ ਨੂੰ ਹੈ ਬਦਲਾਉਣਾ। ਮੈਂ ਸਹੀ 'ਸੀ' 'ਹਾਂ' ਤੇ 'ਰਹਾਂਗਾ', ਆਖੇ ਹਰ ਇੱਕ ਸਿਆਣਾ। ਜੇ ਮੇਰੀ ਮੰਨਣੀ ਤਾਂ ਰਹਿਣਾ ਇਸ ਘਰ ਵਿੱਚ,ਨਹੀਂ ਤਾਂ ਖੁੱਲੇ ਦਰਵਾਜ਼ੇ, ਫਿਰ ਅੱਧੀ ਰਾਤੀ ਇਥੋਂ ਨਿਕਲ ਜਾਣਾ,ਧਮਕਾਵੇ ਹਰ ਇੱਕ ਸਿਆਣਾ। ਫਿਰ ਦੱਸੋ ਕੌਣ ਸਿਆਣਾ ਤੇ ਕੌਣ ਨਿਆਣਾ?	ਨਸ਼ਾ ਇੱਕ ਕੁਲੰਕ ਗੱਲ ਧਿਆਨ ਨਾਲ ਸੁਣ' ਲੀ ਹੁਣ ਜੋ ਬੋਲ ਰਹੀ ਆ ਮੈਂ, ਇਹਨਾਂ ਨਸ਼ਿਆ ਨੇ ਘਰ ਪੱਟ ਦਿੱਤੇ। ਦੇਖ ਲੈ ਹਾਲਤਾਂ ਵਿਗੜੀਆ ਨੂੰ, ਜੇ ਤੂੰ ਹੀ ਰਿਹਾ ਨਾ ਪੁੱਤਰਾ , ਅਸੀਂ ਕੀ ਕਰਨਾ ਡਿਗਰੀਆਂ ਨੂੰ? ਸਾਨੂੰ ਤੇਰੇ ਤੋਂ ਬਹੁਤ ਉਮੀਦਾਂ, ਰਹੀ ਵਿੱਚ ਤੌਰ ਤਰੀਕਿਆਂ ਦੇ। ਐਵੇ ਨਾ ਕਿਤੇ ਰੁਲਜੀ ਵੇ, ਵਿੱਚ ਸਲਫੇ ਟੀਕਿਆਂ ਦੇ, ਇਹੋਂ ਗੱਲ ਸਮਝਾਵੀ ਆਪਣੇ, ਸਭ ਡਿਗਰੀਆਂ ਨੂੰ। ਜੇ ਤੂੰ ਹੀ ਰਿਹਾ ਨਾ ਪੁੱਤਰਾਂ, ਅਸੀਂ ਕੀ ਕਰਨਾ ਡਿਗਰੀਆਂ ਨੂੰ? ਵਧੀਆਂ ਪੜ੍ਹੀ – ਲਿਖੀ ਤੇ ਨਾਮ ਚਮਕਾਈ ਬਾਪੂ ਦਾ, ਫਲਾਨਿਆ ਦਾ ਮੁੰਡਾ ਆਹ ਲੱਗ ਗਿਆ ਸਾਰਾ ਜਮਾਨਾ ਆਖੂਗਾ। ਹੁਣ ਉੱਚਾ ਉੱਠਜਾ ਪੁੱਤਰਾਂ, ਅਸੀਂ ਕੀ ਕਰਨਾ ਡਿਗਰੀਆਂ ਨੂੰ, ਜੇ ਤੂੰ ਹੀ ਰਿਹਾ ਨਾ ਪੁੱਤਰਾ, ਅਸੀਂ ਕੀ ਕਰਨਾ ਡਿਗਰੀਆਂ ਨੂੰ,
ਨੂੰਹ ਹੈ ਸਾਡੀ, ਧੀ ਤੁਹਾਡੀ, ਪੜ੍ਹ ਲਿਖ ਕੇ ਅਕਲ ਨਾ ਇਸ ਨੂੰ ਅਸਾਂ ਨਾ ਅਪਣਾਉਣਾ,	ਅੰਮਿ੍ਤ ਕੌਰ ਜਮਾਤ – ਸੱਤਵੀਂ ਸੀ
ਆ ਕੇ ਇਹਨੂੰ ਲੈ ਜਾਣਾ, ਆਖੇ ਹਰ ਇੱਕ ਸਿਆਣਾ। ਫਿਰ ਦੱਸੋ ਕੌਣ ਸਿਆਣਾ? ਕੌਣ ਨਿਆਣਾ? ਧੀਆਂ -ਪੁੱਤਰਾਂ ਦੀ ਇੱਕ ਨਾ ਮੰਨਣਾ, ਘਰ ਵਿੱਚ ਉਥਲ- ਉਥਲ ਮਚਾਉਣਾ। ਕੀ ਇਹਨੂੰ ਹੀ ਕਹਿੰਦੇ ਨੇ ਸਿਆਣਾ? ਅਜੇ ਕਹਾਣੀ ਅਧੂਰੀ ਆ, 'ਹਰਜਿੰਦਰ' ਇਹ ਸਵਾਲ ਪੁੱਛਣਾ ਵੀ ਮਜਬੂਰੀ ਆ, ਕੌਣ ਸਿਆਣਾ? ਕੌਣ ਨਿਆਣਾ? ਦੱਸੋ,ਕੌਣ ਸਿਆਣਾ? ਕੌਣ ਸਿਆਣਾ? ਹਰਜਿੰਦਰ ਕੌਰ	ਜਿਹੂਰਤ ਸਾਨੂੰ ਹਮੇਸ਼ਾ ਉਨਾਂ ਲੋਕਾਂ ਦੀ ਜਰੂਰਤ ਹੁੰਦੀ ਹੈ ਜੋ ਸਾਨੂੰ ਸਾਡੀਆਂ ਗਲਤੀਆਂ ਬਾਰੇ ਦੱਸਦੇ ਹਨ ਅਤੇ ਉਹਨਾਂ ਨੂੰ ਠੀਕ ਕਰਨ ਦਾ ਮੌਕਾ ਦਿੰਦੇ ਹਨ। ਅਸੀਂ ਇਸ ਤਰ੍ਹਾਂ ਹੀ ਆਪਣੇ ਵਿੱਚ ਸੁਧਾਰ ਲਿਆ ਸਕਦੇ ਹਾਂ ਇਸ ਕਰਕੇ ਦੂਸਰਿਆਂ ਦੀ ਸਲਾਹ ਖਿੜੇ ਮੱਥੇ ਸੁਣੋ। ਹਰਜਸ ਸਿੰਘ ਜਮਾਤ –ਸੱਤਵੀਂ ਏ

ਦੀਵਾਲੀ

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ਦੀਵਾਲੀ ਵੇਲੇ ਹੁੰਦਾ ਨਵੇਂ ਲੀੜਿਆ ਦਾ ਚਾਅ ਸੀ ਨਾਲਦਿਆਂ ਨਾਲ ਰਲ ਪਾਉਂਦੇ ਕਿੰਨਾ ਗਾਹ ਸੀ ਹੋਣ ਖਾਣ ਨੂੰ ਪਕੌੜੇ ਮੱਠੀਆਂ ਤੇ ਬਰਫੀ ਦੇ ਕੇ ਸੌ ਕੁ ਰੁਪਏ ਕਹਿਣਾ ਸਾਬ ਨਾਲ ਖ਼ਰਚੀ ਹੁੰਦਾ ਦੋ ਕ ਰੁਪਈਆਂ ਦਾ ਪਟਾਕਿਆਂ ਦਾ ਪੈਕਟ ਇਕੱਠੇ ਕਰ ਸਾਰੇ ਚਿਣ ਲੈਂਦੈ ਵਿਚ ਬੈਠਕ ਬੱਠਲਾਂ ਚ ਪਾ ਕੇ ਕਦੇ ਚੱਕਰੀ ਚਲਾਉਂਦੇ ਬੋਤਲਾਂ ਚ ਪਾ ਕੇ ਕਦੇ ਆਤਿਸ਼ਬਾਜ਼ੀਆਂ ੳਡਾੳਂਦੇ ਹੁੰਦੇ ਦੀਵਿਆਂ ਨਾਲ ਪਰੇ ਕੰਧਾਂ, ਕੌਲੇ ਤੇ ਵਰਾਂਡੇ ਸਕੂਲੋਂ ਸਿੱਧੇ ਗੁਰੂਘਰ ਦੀਵੇ ਲਾਉਣ ਜਾਂਦੇ ਅੱਗ ਲਾ ਕੇ ਨਿੰਮ ਉੱਤੇ ਛੂਰਲੀਆਂ ਸੁੱਟਦੇ <u>ਜੇ ਨਾ ਚੀਜ਼</u> ਕੋਈ ਮਿਲਣੀ ਭੰਜੇ ਸੀ<u>ਗੇ ਲਿਟਦੇ</u> ਪੈਸੇ ਜੋੜਨ ਦੀ ਸਕੀਮ ਇਹ ਤਕੜੀ ਟੇਕਦੇ ਸੀ ਮੱਥਾ ਲਾਉਣੀ ਭੈਣ ਨੇ ਜੋ ਹੱਟੜੀ ਕੁੱਝ ਮੂਰਖਾਂ ਨੇ ਇਸ ਦਿਨ ਦਾਰੂ ਪੀ ਕੇ ਲੜਨਾ ਦੇਖਣ ਲਈ ਫੇਰ ਭੱਜ ਕੋਠਿਆਂ ਤੇ ਚੜ੍ਹਨਾ ਜਿਹਨੂੰ ਨਾਲ ਨਾ ਰਲਾਉਣਾ ਜਾਣਾ ਰੁਸ ਇੱਕ ਦੂਜੇ ਉੱਤੇ ਹੱਸਣਾ ਜੇ ਪੜਾਕਾ ਹੋਜੇ ਫੱਸ ਡੱਬੀਆਂ ਮਤਾਬੀ, ਸੱਪ ਤੇ ਪੜਾਕੇ ਹੋਣੇ ਗੱਠੇ ਜੀ ਜਦੋਂ ਚੱਲਣਾ ਅਨਾਰ ਰੌਲਾ ਪਾਉਣਾ ਹੋਕੇ ਕੱਠੇ ਜੀ ਸਾਂਭ ਲੈਣੇ ਕੁੱਝ ਕਿ ਗੁਰਪੁਰਬ ਤੇ ਚਲਾਵਾਂਗੇ ਕਿ ਪੈਸੇ ਜੇ ਬਚਾ ਕੇ ਖੇਡ ਵੀ ਲਿਆਵਾਂਗੇ ਸੌਂ ਜਾਣਾ ਆਖਿਰ ਨੂੰ ਏਦਾਂ ਈ ਨੱਚ ਟੱਪ ਕੇ ਫੇਰ ਤੜਕੇ ਨੂੰ ਚੁਗਣੇ ਪਟਾਕੇ ਜਿਹੜੇ ਬਚਗੇ ਜਿਹੜੀਆਂ ਮਨਾਉਣੀਆਂ ਨਿੱਕੇ ਹੁੰਦੇ ਈ ਮਨਾਲੀਆਂ ਜਵਾਕਾਂ ਦੀਆਂ ਹੁੰਦੀਆਂ ਲੋਹੜੀਆਂ ਦੀਵਾਲੀਆਂ ਚਾਅ ਕਿਹੜੇ ਰਹ<u>ਿਗੇ? ਬੰਦੇ ਬਣਗੇ ਮਸ਼ੀਨ ਜੀ</u> ਉਤੋਂ ਅੱਜਕਲ ਹੋ ਗਈ ਦੀਵਾਲੀ ਗਰੀਨ ਜੀ

ਮੈਂ ਸਿੱਖਿਆ ਸਰਤਾਜ ਤੋਂ

- ਾਛੱਡ ਮਾਲਕ 'ਤੇ ਡੋਰਾਂ ਬਹੁਤਾ ਸੋਚੀਂ ਨਾ,
- ਲੋੜ ਜਿਨ੍ਹਾਂ ਈ ਮੰਗ ਲਈਂ ਬਹੁਤਾ ਲੋਚੀਂ ਨਾ।"
 - ~ ਡਾ. ਸਤਿੰਦਰ ਸਰਤਾਜ

ਡਾ. ਸਤਿੰਦਰ ਸਰਤਾਜ ਨੇ ਮੈਨੂੰ ਅਜਿਹੇ ਤਰੀਕਿਆਂ ਨਾਲ ਪ੍ਰੇਰਿਤ ਕੀਤਾ ਹੈ ਜੋ ਸੰਗੀਤ, ਕਵਿਤਾ ਅਤੇ ਕਲਾ ਤੋਂ ਪਰੇ ਹੈ। ਇੱਕ ਸਧਾਰਨ ਪਿੰਡ ਦੇ ਮੁੰਡੇ ਤੋਂ ਇੱਕ ਅੰਤਰਰਾਸ਼ਟਰੀ ਪ੍ਰਸਿੱਧੀ ਵਾਲੇ ਕਲਾਕਾਰ ਤੱਕ ਉਹਨਾਂ ਦੀ ਯਾਤਰਾ ਸੁਪਨਿਆਂ ਅਤੇ ਕਲਾ ਪ੍ਰਤੀ ਅਟੁੱਟ ਸਮਰਪਣ ਦਾ ਨਤੀਜਾ ਹੈ। ਸੰਗੀਤ ਦੇ ਵਿਦਿਆਰਥੀ ਹੋਣ ਦੇ ਨਾਤੇ, ਮੈਂ ਉਹਨਾਂ ਨੂੰ ਸਿਰਫ਼ ਇੱਕ ਕਲਾਕਾਰ ਦੇ ਰੂਪ ਵਿੱਚ ਨਹੀਂ ਸਗੋਂ ਇੱਕ ਗੁਰੂ ਦੇ ਰੂਪ ਵਿੱਚ ਦੇਖਦਾ ਹਾਂ ਜਿਸ ਨੇ ਦੁਨੀਆਂ ਨੂੰ ਦਿਖਾਇਆ ਹੈ ਕਿ ਰਚਨਾਤਮਕਤਾ ਦੀ ਕੋਈ ਸੀਮਾ ਨਹੀਂ ਹੁੰਦੀ। ਡੂੰਘੀਆਂ ਭਾਵਨਾਵਾਂ ਨੂੰ ਰੂਹਾਨੀ ਧੁਨਾਂ ਅਤੇ ਕਵਿਤਾਵਾਂ ਵਿੱਚ ਬੁਣਨ ਦੀ ਉਹਨਾਂ ਦੀ ਯੋਗਤਾ ਨੇ ਮੈਨੂੰ ਆਪਣੇ ਅੰਦਰੂਨੀ ਵਿਚਾਰਾਂ ਨੂੰ ਇਮਾਨਦਾਰੀ ਅਤੇ ਪ੍ਰਮਾਣਿਕਤਾ ਨਾਲ ਪ੍ਰਗਟ ਕਰਨ ਦੀ ਮਹੱਤਤਾ ਸਿਖਾਈ ਹੈ। ਆਪਣੇ ਕੰਮ ਰਾਹੀਂ, ਉਹਨਾਂ ਨੇ ਮੇਰੇ ਵਿੱਚ ਮੇਰੇ ਸੱਭਿਆਚਾਰ ਲਈ ਮਾਣ ਦੀ ਭਾਵਨਾ ਪੈਦਾ ਕੀਤੀ ਹੈ, ਮੈਨੂੰ ਯਾਦ ਦਿਵਾਇਆ ਹੈ ਕਿ ਸਾਡਾ ਵਿਰਸਾ ਇੱਕ ਅਨਮੋਲ ਖਜ਼ਾਨਾ ਹੈ ਜਿਸ ਨੂੰ ਸਾਂਭਿਆ ਜਾਣਾ ਚਾਹੀਦਾ ਹੈ। ਸਫਲਤਾ ਦੇ ਬਾਵਜੂਦ, ਸਰਤਾਜ ਵਿੱਚ ਬਹੁਤ ਨਿਮਰਤਾ ਹੈ। ਉਹਨਾਂ ਦਾ ਹਰ ਗੀਤ, ਹਰ ਕਵਿਤਾ, ਅਤੇ ਹਰ ਪੇਸ਼ਕਾਰੀ ਉਹਨਾਂ ਦੇ ਗਿਆਨ ਦੀ ਡੂੰਘਾਈ, ਉਹਨਾਂ ਦੇ ਦਿਲ ਦੀ ਸ਼ੁੱਧਤਾ ਉਹਨਾਂ ਦੇ ਕਲਾ ਪ੍ਰਤੀ

ਸਮਰਪਣ ਨੂੰ ਦਰਸਾਉਂਦੀ ਹੈ। ਸਰਤਾਜ ਦਾ ਜੀਵਨ ਮੇਰੇ ਲਈ ਚੁਣੌਤੀਆਂ ਨੂੰ ਸਵੀਕਾਰ ਕਰਨ, ਆਪਣੇ ਯਤਨਾਂ ਵਿੱਚ ਨਿਰੰਤਰ ਰਹਿਣ, ਅਤੇ ਨਿਡਰਤਾ ਨਾਲ ਅੱਗੇ ਵਧਣ ਲਈ ਇੱਕ ਪ੍ਰੇਰਣਾ ਹੈ। ਉਹਨਾਂ ਨੇ ਮੈਨੂੰ ਦਿਖਾਇਆ ਹੈ ਕਿ ਸਫਲਤਾ ਸਿਰਫ ਸੌਹਰਤ ਅਤੇ ਪੈਸੇ ਪ੍ਰਾਪਤ ਕਰਨ ਬਾਰੇ ਨਹੀਂ ਹੈ, ਬਲਕਿ ਦਿਲਾਂ ਨੂੰ ਛੂਹਣ ਅਤੇ ਪਿਆਰ, ਬੁੱਧੀ ਅਤੇ ਸੁੰਦਰਤਾ ਬਾਰੇ ਹੈ। ਉਹਨਾਂ ਦਾ ਸੰਗੀਤ ਮੇਰੇ ਜੀਵਨ ਵਿੱਚ ਇੱਕ ਮਾਰਗਦਰਸ਼ਕ ਸ਼ਕਤੀ ਬਣ ਗਿਆ ਹੈ, ਜੋ ਮੈਨੂੰ ਯਾਦ ਦਿਵਾਉਂਦਾ ਹੈ ਕਿ ਵੱਡੇ ਸੁਪਨੇ ਵੇਖੋ, ਸਖ਼ਤ ਮਿਹਨਤ ਕਰੋ ਅਤੇ ਹਮੇਸ਼ਾਂ ਅਪਣੇ ਨਾਲ ਸੱਚੇ ਰਹੋ।

> ਹਰਕੀਰਤ ਸਿੰਘ ਜਮਾਤ – ਬਾਰਵੀਂ ਆਰਟਸ 'ਬੀ' ਹੈਂਡ ਬੁਆਏ

ਕੋਮਲਪ੍ਰੀਤ ਕੌਰ ਜਮਾਤ – ਅੱਠਵੀਂ ਡੀ

ਦਿਲ ਦੇ ਚੰਗੇ	ਮੋਹ ਦੀਆਂ ਤੰਦਾਂ
ਜਿਹੜੇ ਹੁੰਦੇ ਨੇ ਦਿਲ ਦੇ ਚੰਗੇ, ਪਰ ਕਦੇ ਕਦਰ ਨਹੀਂ ਪਾਉਂਦਾ ਕੋਈ। ਉਹ ਹੱਸਦਿਆਂ ਨੂੰ ਹਸਾ ਦਿੰਦੇ, ਪਰ ਜਦ ਆਪ ਰੁਸ ਜਾਣ ਕਦੇ ਨਹੀਂ ਮਨਾਉਂਦਾ ਕੋਈ।	ਕੋਈ ਤੁਰ ਗਿਆ ਇਸ ਜਹਾਨੋਂ ਅੱਜ, ਕੋਈ ਜੁੜਿਆ ਅੱਜ ਨਾਲ ਹੈ।
ਬਸ ਉਹਨਾਂ ਦੀ ਇਹੀ ਗਲਤੀ ਕਿ ਉਹ ਦਿਲ ਦੇ ਸਾਫ ਹੁੰਦੇ ਨੇ , ਹੋਰ	ਕੁਝ ਨਹੀ ਲੈ ਜਾਣਾ ਨਾਲ,
ਗਲਤੀ ਨਹੀਂ ਉਹਨਾਂ ਦੀ ਕੋਈ।	ਬਸ ਮੋਹ ਦੀਆਂ ਤੰਦਾਂ ਨਾਲ ਹੈ ।
ਉਹ ਬਾਹਰੋਂ ਤਾਂ ਰਹਿੰਦੇ ਖੁਸ਼, ਪਰ ਅੰਦਰੋਂ ਇੰਨੇ ਦੁਖੀ ਹੁੰਦੇ ਕਿ ਅੰਦਾਜ਼ਾ ਨਾ	ਕੋਈ ਛੱਡ ਜਾਂਦਾ ਵਿੱਚ ਰਿਸ਼ਤਿਆਂ ਨੂੰ,
ਲਾ ਸਕੇ ਕੋਈ ।	ਕੋਈ ਜਾਂਦਾ ਸਿਵਿਆ ਤੱਕ ਨਾਲ ਹੈ
ਬਸ ਉਹਨਾਂ ਦੀ ਇਹੀ ਗਲਤੀ ਕਿ ਉਹ ਸਭ ਦੀਆਂ ਗੱਲਾ ਮੰਨ ਲੈਂਦੇ ,	ਕੁਝ ਨਹੀਂ ਲੈ ਜਾਣਾ ਨਾਲ ,
ਪਾਗਲ ਬਣਾ ਜਾਂਦਾ ਹਰ ਕੋਈ।	ਬਸ ਮੋਹ ਦੀਆਂ ਤੰਦਾਂ ਨਾਲ ਹੈ।
ਉਹ ਦੂਸਰੇ ਦੇ ਨਾਲ ਤਾਂ ਖੜੇ ਰਹਿੰਦੇ, ਪਰ ਉਹਨਾਂ ਦੀ ਵਾਰੀ ਤੇ ਨਾਲ ਨਾ	ਜ਼ਿੰਦਗੀ ਦਾ ਦਸਤੂਰ ਇਹੀ ਹੈ <i>,</i>
ਖੜਦਾ ਕੋਈ।	ਜੋ ਆਇਆ ਉਸ ਇੱਕ ਦਿਨ
ਇੰਨੀ ਕਦਰ ਤਾਂ ਇਹ ਆਪਣੀ ਨਹੀਂ ਕਰਦੇ, ਜਿੰਨੀ ਦੂਸਰਿਆਂ ਦੀ ਕਰ ਜਾਂਦੇ। ਜ਼ਿੰਦਗੀ ਵੀ ਇਹਨਾਂ ਨਾਲ ਇਹੋ ਜਿਹਾ ਖੇਡ ਜਾਂਦੀ ਕਿ ਆਖ਼ਰ ਵਿੱਚ	ਚਲੇ ਜਾਣਾ ਹੀ ਹੈ। ਜੇ ਨਾਲ ਕੁਝ ਨਹੀਂ ਲੈ ਜਾਣਾ ,
ਇਹਨਾਂ ਨੂੰ ਮਿਲਦਾ ਸਿਰਫ ਧੋਖਾ ਤੇ ਦੁੱਖ।	ਤਾਂ ਫਿਰ ਮੋਹ ਦੀਆਂ ਤੰਦਾਂ ਕਿਉ ਨਾਲ ਹੈ ?
ਨੂਰਦੀਪ ਕੌਰ	ਸਮਰਬੀਰ ਕੌਰ

ਜਮਾਤ – ਸੱਤਵੀਂ 'ਸੀ'

ਸਸਰਥਾਰ ਕਰ ਦਫਤਰ ਕਰਮਚਾਰੀ

ਲੋਕਾਂ ਦਾ ਝੂਠ ਸੱਚ

ਇਹਨਾ ਰੁੱਖਾਂ ਵਿੱਚ ਸਮਾ ਜਾਵਾਂ, ਬਣ ਕੇ ਕਿਦਰੇ ਹਵਾ ਜਾਵਾਂ।

ਬਹੁਤ ਸੁਣ ਲਿਆ ਲੋਕਾਂ ਦੀਆ ਗੱਲਾਂ ਨੂੰ,ਹੁਣ ਇਕ ਚੰਗਾ ਜਾ ਗਵਾ ਬਣ ਕੇ ਇਸ ਦੁਨੀਆ ਵਿਚ ਸਮਾ ਜਾਵਾ।

ਜਿਉਣਾ ਏ ਪਰ ਮਨ ਜਾ ਪਾਰ ਗਿਆ ਏ,ਇਹ ਲੋਕਾਂ ਦਾ ਝੂਠ ਸੱਚ ਮੇਰੇ ਮਨੋ ਖਰ ਗਿਆ ਏ।

ਕਿਦਰੇ ਵੀ ਜਾਵਾ ਸੁਕੂਨ ਜਾ ਨੀ ਮਿਲਦਾ,ਹੁਣ ਤਾਂ ਇਹ ਤਾਰਿਆ ਨਾਲ ਗੱਲਾਂ ਕਰਕੇ ਵੀ ਚੇਹਰੇ ਤੇ ਨੂਰ ਜਾ ਨੂੰ ਖਿਲਦਾ।

ਨਵਜੋਤ ਕੌਰ



Hindi Section

भगवान की रहस्यमयी सहायता

एक छोटे से गाँव में रोहन नाम का युवक रहता था। वह बहुत गरीब था और उसके पास कोई काम नहीं था। एक दिन, वह एक अनजान शहर में आया और एक पुराने मकान में शरण ली।

रात को जब वह सो रहा था, तो उसने एक अजीब सी आवाज सुनी। वह उठ गया और देखा कि एक पुराना बुजुर्ग उसके सामने खड़ा था। बुजुर्ग ने कहा:

"मैं भगवान का दूत हूँ। तुम्हारी मदद करने आया हूँ।" रोहन ने पूछा, "कैसे?"

बुजुर्ग ने कहा, "तुम्हें एक पहेली हल करनी होगी। अगर तुम हल करोगे, तो तुम्हारी सभी समस्याएं हल हो जाएंगी।" पहेली यह थी:

"मैं हमेशा तुम्हारे साथ रहता हूँ,

लेकिन तुम मुझे कभी नहीं देखें सकते।

मैं तुम्हारे लिए बहुत कीमती हूँ,

लेकिन मैं तुम्हारे पास नहीं हूँ।"

रोहन ने सोचा और आखिरकार उत्तर ढूंढ लियाः

"उत्तर है 'विश्वास'।"

बुजुर्ग ने कहा, "बिल्कुल सही! तुम्हारा विश्वास तुम्हारे लिए बहुत कीमती है।"

इसके बाद, रोहन की जिंदगी में बदलाव आया। उसे एक अच्छी नौकरी मिली और उसकी सभी समस्याएं हल हो गईं। वह भगवान का शुक्रिया अदा करता रहा।

छाया कक्षा - सातवीं 'बी'

मेरे सपनो की दुनिया

आओ लेकर चले तुम्हे एक ऐसी दुनिया की ओर जहां सारे मिलकर रहते और करते खुशी से शोर जहां गरिमा और प्यार से रहते हैं हर पल इंसान जानवर आज और कल । गरिमा ही दुनिया में और प्यार यहाँ की भाषा जहां सच हो जाते हैं सभी अभिलाषा । दुनिया में हर दिल एक साथ है धरकता एक दया की लय जो कभी नहीं टूटता । ना नफ़रत ना कोई लडाई ना हिंदू ना मुसलमान ना सिख इसाई यहाँ तों सारे है एक और भाई भाई यहाँ आज़ादी से हम उड सकते हैं खुशियों से झूम सकते हैं ना कोई डर ना कोई बुरी भावना सिर्फ प्यार और बन जाता हर पल सुहावना आओ चलें एक नए सपने की ओर जहां खड़े सारे पेड झूम रहे चारो ओर ना काटी डाली ना तोडी इसकी शाख बन गए हैं अब पेड़ पोधे धरती की शान चलो इस दुनिया में चलते हैं इस सपने को हकीकत में बदलते हैं चलो सभी को ये कविता सनाते हैं धरती को आज हम स्वर्ग बनाते हैं।



मौसम कक्षा - दसवीं 'ई'

असफलता से सीख

असफलता से न घबराओ. यह तो है अनुभव की राह। सीख लो इससे हर बार फिर होगी जीत की चाह। डटे रहना हर मुश्किल में निराशा को ना आने देना पास असफलता से कभी न डरना तभी बन पाओगे तुम खास बार-बार गिर कर जो उठ जाते ठोकर खाकर ना घबराते जीवन में आगे बढ जाते वही सच्चे वीर कहलाते जो कोशिश से ना पीछे हटते. मानते असफलता को एक नई शुरुआत। सपनों की मंजिल के लिए हर मुश्किल को देते मात।

मां की ममता

मां की ममता मां का प्यार,

झूठा है सारा संसार,

गोद उठाती लोरी गाती,

पहले खाना हमें खिलाती

मां की पूजा रब की पूजा,

मां तो रब का रूप है दूजा

जसमीत कौर कक्षा- तीसरी 'बी' गुरु

गुरु में ही संसार समाया, गुरु ने ही सत्य मार्ग दिखाया, जब सिर पर हाथ गुरु का हो तो जीवन धन्य हो जाता है । धर्म और सच्चाई का पद, गुरु सदा दिखलाता है। हम सबको नानक साहिब ने, जिस सत्य का मार्ग दिखाया था, ख़ुद अड़िग चले थे उस सत्य पर , चहूँदिशी प्रकाश फैलाया था। अब आओ उसी मार्ग पर, हम गुरु के अनुचर बन जातें हैं। सार्थक कर इस जीवन को, अपनासौभाग्य बनाते हैं ।

किरनप्रीत कौर कक्षा-सातवीं 'सी'

सुखविंदर कौर हिंदी अध्यापिका

हाँ वो मेरी ही मां थी

जिसने मुझे इस दुनिया में लाया, जिसने मुझे चलना सिखाया, हाँ वो मेरी माँ ही थी जिसने मुझे इतना बड़ा बनाया। जब गिरता था तो वो गोद में उठा लेती थी. जब डरता था तो अपने आँचल में छुपा लेती थी, हाँ वो मेरी माँ ही थी जो मुझे सबकी डांट से बचा लेती थी। हर जन्मदिन पर ढेर सारे उपहार दिए, अच्छा इंसान बनने के संस्कार दिए. हाँ वो मेरी माँ ही थी जिसने मेरी खुशी के लिए अपने सारे सपने त्याग दिए सारा काम कर के भी, ना उसे थकान होती थी, दर्द में भी वो. कभी ना रोती थी. हाँ वो मेरी माँ ही थी जो मेरे बीमार होने पर, पूरी रात ना सोती थी । जिसने मुझे अंधेरे में उजाले का रास्ता दिखाया, जिसने मुझे इतना काबिल बनाया, हाँ वो मेरी माँ ही थी जिसने मेरा हर मुश्किल में साथ निभाया

मौसम कक्षा - दसवीं 'ई'

माखन चोर

माखन चोर नंदकिशोर, बांधी जिसने प्रीत की डोर, हरे कृष्णा हरे मुरारी, पूजती जिन्हें दुनिया सारी, आओ उनके गुण गए, सब मिलकर जन्माष्टमी मनाएं, हाथी घोड़ा पालकी, जय कन्हैया लाल की

सुखमणि कक्षा- तीसरी 'बी'

समय

समय बहुत बलवान है , जो बनाता हमे बुद्धिमान है । जो नहीं करता समय की कदर , समय भी नहीं करता उसकी कदर । कभी व्यर्थ न जाने दो समय को , क्योंकि यह सर्व शक्तिमान है ।

मनराज सिंह कक्षा - तीसरी 'सी'

